

Almost all food companies are required to put allergen information on food label. Usually in **Bold Capital Letters** after ingredient list. If says **Contains: Peanuts or traces of peanuts or manufactured in facility that processes peanuts**, please do not bring to school

If the food label does not have allergen information, please refer to the list or call the school before bringing to school.

Peanut-Free Candies

Blow Pops
Dum-Dum Lollipops
Hershey's Kisses (PLAIN)
Jelly Beans (Gimbals)
Jet-Puffed Marshmallows
Jolly Ranchers
Junior Mints
Lady Fingers
Laffy Taffy
Life Svers
Hershey's Kisses, original milk chocolate flavor ONLY
Maria Cookies
Milk Duds
Nabisco Chips Ahoy
Nabisco Oreo Cookies
Nabisco Vanilla Wafers
Nerds
Pixie Stix
Skittles
Smarties
Starburst
Sweet Tarts
Twix
Twizzlers
York Peppermint Patties

Peanut-Free Snacks

Ann'ies Bunny Crackers
Annie's Fruit Snacks
Applesauce
Betty Crocker Chocolate Chip Cookie Mix in a bag
Cheese
Chips Ahoy Cookies
Club Crackers
Fruits & Vegetables
Goldfish
Graham Crackers
Jell-O Pudding Cups
Jello-O
Kellogs Rice Crispies Squares
Maria Cookies
Nabisco Cheez-it
Nabisco Ritz Crackers
Nabisco Teddy Grahams

Peanut Free Foods

Apple Jacks
Betty Crocker- Yellow Cake Mix and Choc/ Van Frosting
Butter ANY FRESH BUTTER
Cheerios
Cheese ANY FRESH CHEESE
Cheetos
Chocolate Chip Chips Ahoy
Club Crackers
Cream Cheese (ANY FRESH PLAIN CREAM CHEESE)
Doritos
Duncan Heinz -Yellow Cake Mix and Choc/Van Frosting
Fritos
Frosted Flakes
Graham Crackers
Grilled Cheese Sandwich on White Bread
Hershey's Chocolate Morsels
Hershey's Chocolate Syrup
Hershey's Morsels or Cocoa (NEVER NESTLE)
Ketchup
Potato Chips (Check Label)
Mariquitas (fried plantain chips)
Marshmallow - ONLY JET-PUFFED
Mc Donald's, Burger King, Wendy's
Miami's Best Pizza
Most Vanilla and Chocolate Ice Cream
Nathan's Hot Dog
Oreo Cookies
Oscar Meyers Hot Dog
Pillsbury Cake Mix and frosting
Pizza--Pizza Hut, Dominoes, Papa Johns (Others, please ask)
Ritz Crackers--Plain
Rold Gold Pretzels
Saltines
Teddy Grahams (Honey or Cinnamon)
Tyson or Purdue Chicken Fingers
Whip and Dip Vanilla Soft Serve in a bowl
Yogurt (read label)

Nabisco Vanilla Wafers
 Nutri-Grain Bars, all soft baked flavors
 Oreo Cookies
 Pirate's Booty
 Pillsbury, Duncan Hines, Betty Crocker: Vanilla or Chocolate Cake Mix in a box (ALWAYS CHECK LABEL)
 Pillsbury, Duncan Hines, Betty Crocker :Brownie Mix in a box (ALWAYS CHECK LABEL)
 Plain Ritz Crackers
 Popcorn
 Publix, Blue Bell, Hagan Dazz Ice-cream (12 individual cups) (chocolate, vanilla or swirl)
 Rold Gold Pretzels
 Saltines
 Snyders Pretzels
 Stacy's Pita Chips
 Teddy Grahams, all flavors
 Welch's Fruit Snacks

Publix and Winn Dixie have a NUT FREE section pre packaged in the bakery

Please ALWAYS read labels to double check it DOES NOT CONTAIN PEANUTS or NUTS

*******Snacks with Peanuts*******

Animal Crackers
 Chex Mix (bought at store)

 Chinese and Thai Foods
 Chick-Fil-A
 Chocolate Candies
 Dirty Potato Chips
 Energy Bars
 Egg Rolls
 Entenmann's (most, read label)
 Foods fried in peanut oil

Granola Bars
 Jelly Beans
 Most bake goods from **Publix, Norman Brothers, Whole Foods, Winn Dixie**
 Most Chocolate baked goods unless homemade
 Most Muffins (Check Label)
Peanuts
Nuts
 Pesto Sauce
 Plain and Peanut M&M's
 Ritz Cheese Bits

Dunkin Donuts and Krispy Kreme may be cross contaminated with peanuts and nuts: Only if buy from actual store and ask the manager.