

Almost all food companies are required to put allergen information on food label. Usually in Bold Capital Letters after ingredient list. If says Contains: Peanuts or traces of peanuts or manufactured in facility that processes peanuts, please do not bring to school	If the food label does not have allergen information, please refer to the list or call the school before bringing to school.
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Peanut-Free Candies

- Blow Pops
- Dum-Dum Lollipops
- Hershey's Kisses (PLAIN)
- Jelly Beans (Gimbals)
- Jet-Puffed Marshmallows
- Jolly Ranchers
- Lady Fingers
- Laffy Taffy
- Life Svers
- Maria Cookies
- Milk Duds
- Nabisco Chips Ahoy
- Nabisco Oreo Cookies
- Nabisco Vanilla Wafers
- Nerds
- Pixie Stix
- Skittles
- Smarties
- Starburst
- Sweet Tarts
- Twix
- Twizzlers

Peanut-Free Snacks

- Applesauce
- Betty Crocker Chocolate Chip Cookie Mix in a bag
- Cheese
- Chips Ahoy Cookies
- Club Crackers
- Fruits & Vegetables
- Goldfish
- Graham Crackers
- Jell-O Pudding Cups
- Jello-O
- Kellogs Rice Crispies Squares
- Maria Cookies
- Nabisco Cheez-it
- Nabisco Ritz Crackers
- Nabisco Teddy Grahams
- Nabisco Vanilla Wafers
- Oreo Cookies
- Pillsbur, Duncan Hines, Betty Crocker Vanilla Cake Mix in a box
- Pisbury, Duncan Hines, Betty Crocker Brownie Mix in a box (ALWAYS CHECK LABEL)
- Plain Ritz Crackers
- Popcorn
- Publix, Blue Bell, Hagaan Dazz Ice-cream (12 individual cups) (chocolate, vanilla or swirl)
- Rold Gold Pretzels
- Saltines
- Publix and Winn Dixie have a NUT FREE section pre packaged in the bakery

Peanut Free Foods

- Apple Jacks
- Betty Crocker-Yellow Cake Mix and Choc/ Van Frosting
- Butter ANY FRESH BUTTER
- Cheerios
- Cheese ANY FRESH CHEESE
- Cheetos
- Chocolate Chip Chips Ahoy
- Club Crackers
- Cream Cheese (ANY FRESH PLAIN CREAM CHEESE)
- Doritos
- Duncan Heinz -Yellow Cake Mix and Choc/Van Frosting
- Fritos
- Frosted Flakes
- Graham Crackers
- Grilled Cheese Sandwich on White Bread
- Hershey's Chocolate Morsels
- Hershey's Chocolate Syrup
- Hershey's Morsels or Cocoa (NEVER NESTLE)
- Ketchup
- Potato Chips (Check Label)
- Mariquitas (fried plantain chips)
- Marshmallow - ONLY JET-PUFFED
- Mc Donald's, Burger King, Wendy's
- Miami's Best Pizza
- Most Vanilla and Chocolate Ice Cream
- Nathan's Hot Dog
- Oreo Cookies
- Oscar Meyers Hot Dog
- Pillsbury Cake Mix and frosting
- Pizza--Pizza Hut, Dominoes, Papa Johns (Others, please ask)
- Ritz Crackers--Plain
- Rold Gold Pretzels
- Saltines
- Teddy Grahams (Honey or Cinnamon)
- Tyson or Purdue Chicken Fingers
- Whip and Dip Vanilla Soft Serve in a bowl
- Yogurt (read label)

Please ALWAYS read labels to double check it DOES NOT CONTAIN PEANUTS or NUTS

*****Snacks with Peanuts*****

- Animal Crackers
- Chex Mix (bought at store)
- Chinese and Thai Foods
- Chick-Fil-A
- Chocolate Candies
- Dirty Potato Chips
- Energy Bars
- Egg Rolls
- Entenmann's (most, read label)
- Foods fried in peanut oil
- Granola Bars
- Jelly Beans(most brands, read label)

- Most bake goods from Publix/Norman Brothers/Whole Foods/Winn Dixie
- Most Chocolate baked goods unless homemade
- Most Muffins (Check Label)
- Peanuts
- Nuts
- Pesto Sauce
- Plain and Peanut M&M's
- Ritz Cheese Bits
- Ritz cheese crackers or peanut butter crackers
- Snyder's Pretzels